

SHRIMATI INDIRA GANDHI COLLEGE

Tiruchirappalli – 620 002

(Nationally Accredited at 'A' Grade (3rd Cycle) by NAAC)

NATIONAL SERVICE SCHEME

2017 – 2018

1. The Tiruchirappalli Municipal Corporation has undertaken itself to promote and sustain cleanliness in the city through several strategic initiatives. It is proud to say that the corporation has succeeded in securing the 1st, 2nd and 6th positions among No. of participating districts for the past three years. In keeping with this the corporation has taken up to promote solid waste management as a short time goal now. Under this initiative, the Deputy Sanitary Inspector Mr. Nallusamy and Revenue Inspector Mr. Deivasigamani visited our college and explained the importance of **Swachh Bharat Mission** to all the fresh graduates. They also explained how students could also lend a hand in this mission by segregating solid waste and disposing biodegradable waste in green bins throughout the week except on Wednesday and non-biodegradable waste in blue bins only on Wednesday to sanitary workers. An oath was taken by the students and teachers to lend a hand in this mission. This programme was held at R.V. Auditorium in our campus on **21.06.2017**.



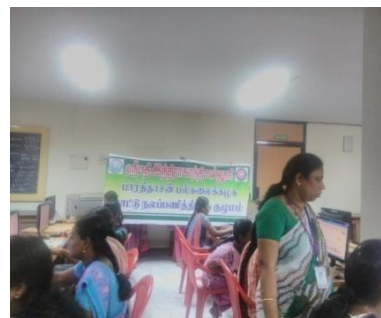
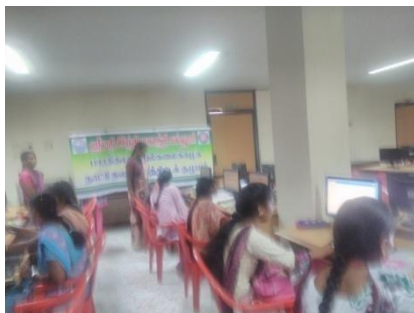
2. On **27.06.2017** NSS Units of Shrimathi Indira Gandhi College in collaboration with Trichy City Corporation conducted a **Dengue Awareness activity** at Marakkadai, Trichy. 50 NSS Volunteers participated and they educated the public how to prevent the dengue fever and how to eradicate mosquito's larvae. Ms.V.Geetha and Ms.R.Vasanthi NSS programme officers accompanied the students.



3.The NSS Volunteers and Youth Red Cross Students are participated in the Rally for “**Drug Abuse and Illicit trafficking**” organized by Tamilnadu Police, City Corporation and Red Cross Society, Trichy on **29.06.2017**. The Rally flagged off by the Trichy City Police Commissioner. The Rally started at St.John Vestry Higher SecondarySchool went through Major Saravanan Circle, Railway Station and ended at St.John Vestry HigherSecondary School. 50 NSS Volunteers and Ms. K.Padmavathy, NSS Programme Officer participated in this rally.



3. On **11.07.2017** the NSS Units of Shrimathi Indira Gandhi college organised a **Voter Awareness Programme**. Mr.Rajamanikkam, Asst Revenue Officer, Mr.Anand and Ms.P.Suba, EPIC Operator demonstrated how to register as a new voter and how to get the voter ID Card. They interacted with the Student Ambassadors (Ms S.Vaishnavi, III B.A (English),Ms R.Rasika II B.Com) and NSS Programme Officers. The Tiruchirappalli Municipal Corporation and The NSS Units of Shrimathi Indira GandhiCollege registered our college students as new voters who have completed the age of 18 in our college campus from **24.07.2017-29.07.2017** with the help of Student Ambassadors, NSS Volunteers and NSS programme officers.



4. On **27.07.2017**, The NSS Volunteers participated in a Rally for **Dengue Awareness** organized by Trichy City Corporation. The Rally was flagged off by the Trichy City Corporation Commissioner. The Rally started at E.R.Higher Secondary School went through Chathiram Bus Stand and ended at Passport Office, Marakkadai. 100 NSS Volunteers and Ms. K.Kavitha and Ms V.Geetha, NSS Programme Officers participated in this rally.



5. The Indian Space Research Organisation (ISRO), Bengaluru and Indian Society of Remote Sensing (ISRS), Dehradun jointly organized a **National Workshop** on 'Popularisation of Remote Sensing Based Maps and Geospatial Information' in association with NSS Cell of Bharathidasan University on 11.08.2017 in the Department of Geography, BARD, Trichy. 50 NSS Volunteers and Ms. S.Kannammal, Ms. K.Padmavathy, NSS programme officers attended the workshop.

6. Ms.S.Kannammal and Ms.K.Kavitha, NSS Programme officers attended the **5 days Facilitator Development Workshop** on 'Active Citizens' organized by the NSS Cell of Bharathidasan University in association with Rajiv Gandhi National Institute of Youth Development from **17.08.2017 to 22.08.2017** at Bharathidasan University, Khajamalai Campus, Trichy.





7. The NSS Units of SIGC and the Trichy Municipality corporation jointly organized a **Dengue awareness programme** on **19.08.2017** at Chidhambaram Mahal, Trichy. The 50 NSS Volunteers were grouped in five and a person from the Trichy Municipality led them with other people from the corporation to carry out the awareness. The volunteers went door to door advocating some measures to safe guard themselves from the attack of the dengue spreading mosquitoes?.

8. On **23.08.2017** 30 NSS Volunteers went to the **Trichy Rockfort Temple** to help the temple officials to count the **Hundial money**.



10. On **24.08.2017** **General Orientation programme**

was organized by the NSS Units for the I year Volunteers. The NSS programme officers spoke about two kinds of NSS activities, Emblem and Motto of the NSS. The forth coming Regular activities and the Special Camp activities were discussed and the students were thus given motivation to carry out these activities. The Unit leaders were chosen and duties were allotted for each unit by the programme officers.



11. On **26.08.2017** the NSS Units of Shrimathi Indira Gandhi College organized the **Dengue Fever Awareness Programme** in the adopted villages Allur, Janatha Nagar, Indira Nagar, Thiruchendurai Mandabam and Kadiyakuruchi (Anthanallur Union). 50 NSS Volunteers gave Dengue Fever Awareness through cultural (Speech, Song, Drama, Street Play) and issued pamphlets relating to Dengue Fever Awareness to the village people.



12. The NSS Units of Shrimathi Indira Gandhi College in collaboration with Trichy City Corporation, issued **Nillavembu Kudineer** to the students in our college campus under Gandhi Tree from **28.08.2017-01.09.2017** for the prevention of Dengue fever. More than 4000 people in our campus were benefited.

13. On **04, 05 & 06.09.2017**, the NSS Units of our college organized an **Outreach programme** on Menstrual Hygiene. The NSS Programme Officers discussed with the Students the importance of Sanitary Napkins, the proper way of disposing it, Personal Hygiene and the spread of diseases by the usage of dirty cloth material repeatedly. The awareness programme held at The Govt. Higher Secondary School, Nagamangalam, The Government Higher Secondary School, Manikandam and The Government Higher Secondary School, Ayilapettai, Trichy.

14. The NSS Cell of Bharathidasan University, The Molecular Diagnostics Counselling Care & Research Centre (MDCRC) organized an **Awareness programme** about DMD (Duchenne Muscular Dystrophy). 2 NSS Volunteers and Ms.R.Vasanthi, Programme Officer participated in the programme on **22.09.2017**.



15. On 24.09.2017 the NSS Units of our college took the pledge on Healthy Life. The NSS programme officers discussed with the volunteers the Nutritional food which improves the Haemoglobin level and the importance of Morning food (Break fast).



16. On **26.09.2017**, the NSS Units of our college organized a **Lecture programme** in collaboration with Trichy City Corporation at Vidya Seva Ratnam K. Santhanam Auditorium. Mr.Mighavel Gnanadeepam, Assistant Commissioner, Mr.Koorathazhvar, Sanitary Officer, Mr. Nallusamy, Sanitary Inspector were the Speakers. They instructed the volunteers how to download the **Swachta Mobile App** and the procedure of Vote for the **Swatch Survexion**. They created an awareness of Dengue fever among the students. The Programme concluded by the voth taking. MsS.Kannammal, NSS Programme Officer read the Pledge on the topic of "Cleanliness is Service".500 NSS Volunteers and Programme Officers participated in the programme.



17. On **27.09.2017** Trichy City Corporation organized a **special cleaning work** at Karuda mandabam, Cauvery River, Srirangam. More than 300 NSS volunteers, Programme officers, Commissioner of Trichy City Corporation and Municipality workers removed the plastic bags, clothes and etc. Our College NSS Volunteers (50) and Ms S.Kannammal, Ms K.Kavitha NSS Programme Officers participated in the programme.



18. The NSS units of SIGC and the Trichy Municipality corporation jointly organized a **Dengue awareness** programme on **05.10.2017** at Teppakkulam, Trichy. 50 volunteers went door to door advocating some prevention measures to safe guard themselves from the attack of the dengue spreading mosquitoes’.

19. 30 NSS Volunteers went to the Trichy Rock fort Templeto help the temple officials to count the **Hundial money** on **11.10.2017**.



20. On **13.10.2017**, The NSS wing of Bharathidasan University, Trichy and Tempz academy, Chennai organized a one day **Work shop** on “**Leading the Right Path**”. 20 NSS Volunteers (III year) participated in the Work Shop and learn how to face and how to prepare for competitive examinations like TNPSC, UPSC, etc. Finally, the organizing team conducted a Quiz competition.Our volunteers won the III Prize.



21. On **22.10.2017** District Sports Office, Trichy organized a **Marathon programme** on the occasion of Dr M.G.R. Centenary Birth Anniversary. The Marathon run started at M.G.R Statue, Court and ended at Anna Stadium. 50 Volunteers participated in the programme



22. The Govt. of India observes 31st Oct. 2017 all over the country as a day of special occasion to foster and reinforce our dedication to preserve and strengthen Unity, integrity and security of our Nation by celebrating to commemorate the Birth anniversary of Sardar Vallabhai Patel. In that way the NSS Units of our college conducted the Oath taking programme. The Volunteers took the “National Unit Day Pledge” under the Gandhi Tree in the college campus along with the Vice Principal Dr.M.Remma and the NSS Programme Officers.





22. The International Association of Lions Clubs organized an awareness rally on **'Journey for Sight'** on **08.12.2017**. The Rally was flagged off by Mr.A.Mayilvahanan, Asst. Commissioner, Trichy City Police at National College Higher Secondary School ground. The rally went through Chathiram Bus Stand and ended at St.Joseph's College,Trichy. 100 NSS Volunteers and NSS Programme Officers participated in this rally.

23. The Trichy City Corporation organized a **Marathon** Programme on Swachh Bharath Mission on **10.12.2017**. The Marathon run started at Ulavar Santhai and ended at Anna Stadium. 40 NSS Volunteers and Programme officers participated in the programme



24. On **23.08.2017** 30 NSS Volunteers went to the **Trichy Rock fort Temple** to help the temple officials to count the **Hundial money**.



25. The 22nd National Youth Festival (NYF) organized by the Ministry of Youth Affairs & Sports, Govt. of India at Gyan Vihar University, Jagatpura, Jaipur, Rajasthan from **12.01.2018 to 16.01.2018**. 10 NSS Volunteers from Bharathidasan University took part in the National Youth Festival. Our NSS Volunteer Ms. V. Ramya (II B.Sc Physics) participated in the programme.

26. On the Occasion of National Youth Day (Jan 12) Our NSS Units conducted a special lecture Programme on **06.02.2018** at Vidya Seva Ratnam K.Sanathanam Auditorium. Mr.K.Subramaniyan , District Youth Coordinator , Trichy was the Speaker. He shared the views of Swamy Vivekananda on the Topic of "Arise & Awake!"



27. 100 NSS Volunteers and Programme officers participated in the programme Trichy City Corporation conducted an awareness programme as a part of Swachh Bharath Mission Activities on **07.02.2018** at Dhevar Hall, Trichy. Mr.C.Gopinath , Anchor, Vijay TV was the chief guest and also the Swachh Brand Ambassador for the event. 100 NSS Volunteers and Programme officers participated in the programme.



28. On **10.02.2018**, 50 NSS Volunteers went to the **Trichy Rock fort Temple** to Clean the temple.



29. An Outreach Programme on **“Visit to Pollution free Environment and Solid Waste Management”** at Ponnampatti was organized on 10.02.2018. 40 NSS Volunteers and Programme officers participated in the programme.



30. On **10.02.2018**, the NSS Units of our college organized an **Outreach programme** on Menstrual Hygiene. The NSS Programme Officers discussed with the Students the importance of Sanitary Napkins, the proper way of disposing it, Personal Hygiene and the spread of diseases by the usage of dirty cloth material repeatedly. The awareness programme held at The Government Higher Secondary School, Manikandam Trichy



31. On **12.02.2018**, the NSS Units of our college organized an **Outreach programme** on Voting Awareness. The NSS Programme Officers discussed with the Students the importance of voting, awareness of voting and the age limit of voting. The awareness programme held at The, The Government Higher Secondary School, Ayilapettai, Trichy



32. **National Service Scheme** and **Youth Red Cross** jointly organized a Two Day workshop on **“First Aid”** on **13.02.2018 & 14.02.2018** at R.V.Auditorium. 430 NSS & YRC Volunteers participated in the workshop. Mr.S.Radhakrishnan , Trainer & Lecturer in First Aid, St.John Ambulance, Trichy was the Resource person. He explained about the meaning of First Aid, body weight, blood circulation, how to control high BP & low BP, how to arrest the poison spreading through out the body by snake bites and insects bites. He also explained various levels of burns. Finally he demonstrated regarding all types of First Aid.



33. On **19.02.2018**, National College, Trichy conducted a One day National Workshop on **“Empowering the Youth for Sustainable Development”** under the guidance of Ministry of Youth Affairs & Sports . 20 NSS Volunteers and a Programme officer participated in the programme.



34. The NSS Cell of Bharathidasan University, WISH forum conducted a Two Day Workshop on Making Low cost Sanitary Napkins for the girls on **15.03.2018 & 16.03.2018** at University campus. 5 NSS Volunteers and Programme officer in the programme.

35. On **20.03.2018** the NSS Units of Shrimati Indira Gandhi College, Trichy and the Institute of Company Secretaries of India jointly Organized an Awareness Programme at Vidhya Seva Ratnam K.Santhanam Auditorium, **Ms.Chithra Anantharaman**, Deputy Director, Southern India Regional Office was the Resource person. She spoke about Company Secretaryship course. **Mr.D.Muralitharan**, Company Secretary, Cethar Energy Ltd., Trichy also interacted with the students. 180 NSS Volunteers participated in the programme.



36. On **23.03.2018** Anthanallur Union Office and NSS Units jointly organized an awareness rally on **Open Defecation in the Adopted Villages**. 50 NSS Volunteers participated in the programme.



Exnora

2017 -2018

50 Students of EXNORA participated in Mega Rally on “ Drug Abuse and Illicit Traffiking” from Major Saravanan Circle to Trichy Railway Junction, organized by Tamil Nadu Police and Red Cross Society on 29.6.2017.

60 Students of EXNORA participated in “Mega Transport Education Camp” at Traffic Park, Collector Office Campus, Trichy on 29.7.2017.

Date: 29.06.2017



Mega Transport Education Camp Date: 29.07.2017



126 EXNORA Students and 5 Staff members participated in an outreach programme on “Ethanobotanical Knowledge from Pachaimalai Tribals” at Pachamalai on 26.8.2017.

Ethanobotanical Knowledge from Pachaimalai Tribals

Date: 26.08.2017



“Swachh Survekshan 2018 – Citizen Feedback through Online” was organized by Trichy City Corporation on 6.1.2018.

An Outreach Programme on “Visit to Pollution free Environment and Solid Waste Management” at Ponnampatti Village was conducted on 10.2.2018.

Visit to Pollution Free Environment & Solid Free Environment –Ponampatti

Date: 10.02.2018



5 EXNORA Students and Ms.B.Ramya, Assistant Professor, Department of Biochemistry and Co-ordinator of EXNORA participated in an “Awareness and Interaction through Video Conferencing with Dr. M.B. Nirmal – Founder of EXNORA International” at Holy Cross College, Trichy on 6.3.2018.

18 students and Ms.B.Ramya, Assistant Professor, Department of Biochemistry and Co-ordinator of EXNORA participated in an Awareness Programme on “Solid Waste Management and Successful Implementation of Srirangam Temple Biogas Plant” at Hotel Sangam, Trichy on 8.3.2018.

YOUTH RED CROSS (YRC)

	Date	year	Activity
1	29.06.2017	2017	Rally for “drug abuse and illicit trafficking”
2	26.08.2017	2017	Lecture came demonstration programme on “fire safety”
3	04.01.2018	2018	Awareness programme on “swatchtha app download”
4	05.01.2018	2018	Awareness programme on “swatchtha app download”
5.	06.01.2018	2018	Awareness programme on “swatchtha app download”
6.	12 th & 13.02.2018	2018	Two days work shop on first aid

1. “ Drug Abuse and Illicit trafficking”

On 29th June 2017 60 NSS volunteers and YRC students are participated in the rally for “**Drug Abuse and Illicit trafficking**” organised by Tamilnadu Police and Red Cross Society, Trichy. The rally started at St. Joseph Vestry Hr. Sec. School and ended at Railway station Trichy.



2. "Fire Safety"

YOUTH RED CROSS

OF

SHRIMATI INDIRA GANDHI COLLEGE

(Nationally Accredited at "A" Grade (3rd Cycle) by NAAC)

Tiruchirappalli – 620 002

Cordially invites you for

Lecture cum Demonstration Programme

On

"FIRE SAFETY"

By

Mr. A. THANAPAL, M.A, G.I.F.Er(India), M.I. Fire Er(London)

Station Officer,

Fire and Rescue Station,

Trichy.

Date: 26.08.2017

Time: 2.00 p.m. to 3.00 p.m.

Venue: Y. Venkateswara Dikshithar Seminar Hall

(MCA Block)

On 26th August 2017 a lecture cum demonstration program on “Fire Safety” was conducted by youth red cross of Shrimati Indira Gandhi College in YVD a/c seminar Hall (MCA Block).

The resource person was Mr A. Thanapal, M.A, G.I.F.Er.(India), M.I. Fire Er. (London) station office Fire & Rescue station, Trichy. He explained about the various categories of fire and its causes. He stressed on the various precautions to be taken while working near fire places. Further he highlighted the various fire accident occurring at various places due to the carelessness of the people and fire may affect the skin, epidermis and also the bone.

Mr. A. Thanapal and his team demonstrated about safeguarding ourselves from gas leakage accidents. They also explain about out escape from fire accidents and earthquake situations and from a room filled with fire smoke. The team demonstrated how to control the fire using water and phone. More than 200 students belonging to various departments of our college actively participated and learn a lot from this program.

National Service Scheme
&
Youth Red Cross
of
SHRIMATI INDIRA GANDHI COLLEGE
(Nationally Accredited at “A” Grade (3rd cycle) by NAAC)
Tiruchirappalli-2

**Cordially invite you for an Awareness programme on
“swatchtha app download”**



DATE : (04.01.18 to 06.01.2018)

Venue: R.V. Auditorium

3. "Swatch Bharath"

youth Red cross

of

Shrimati Indira Gandhi College,

[Nationally Accredited at A grade (3rd cycle) by NAAC]

Date : 04.01.2018

Venue : Y. Venkateswara Dikshitar Seminar Hall.

Time : 3.00 p.m.

04.01.18 அன்று மாநகர் நகராட்சி சேவா
 அலகரின் 'சூப்பர் இத்தியா' திட்டத்தின் கீழ் கிராம
 மாநகராட்சி ஆணையர், மற்றும் சூனா சூனாயர்
 சிறப்பு அபிவிருத்தி பணித் தொண்டர் 05.01.2018
 மற்றும் 06.01.2018 அன்று ஸ்டூடென்ட் கிரிபிடி கார்த்தி
 கல்யாணியின் நடக்க உள்ள "ஸ்வச்சு அபி" மை
 பதிவாகும் செவ்வாய் கிழமை விழிப்புணர்வு விருந்தினர்
 பற்றி நமது கல்யாணியின் முதல் கிரிபிடி S. அக்ஷா என்கிற
 அங்கம் உணர்த்துகிறார்.

கிரிபிடி சூனா முதல் கிரிபிடி M. ஜன
 (சூப்பர் சூனா) மற்றும் கல்யாணியின் இயல்பும்
 Part IV சூப்பர் விருந்தினர் அங்கம் கல்யாணியின்

Youth Red Cross OF

Shrimati Indira Gandhi College,
[Nationally Accredited at 'A' grade (3rd cycle) by NMAC]
Thiruchirappalli-620 002.

02.01.2018 அன்று (சூழல்க்கம்) சிட்டுசன் "Feedback through online" பற்றிய நிகழ்ச்சி காலை 11.00 மணிமலலன் வித்யா தேவா நகர்தலம் கே.சுந்தரம் திரங்கிவ் நலமபற்றி.

இந்நிகழ்ச்சியன் திடுச்சிராய்மர்ணி மாதகராட்சி (புதிருங்கம் கேகாட்டம்) துணைகண்ணவர் குரு.குலாசீயம், மற்லும் திழுவயர் திடு.நிஷாட் திடு. S. P. துய்துராய்வார் கவற்லுக்காண்டார். இந்நிகழ்ச்சிதிறைவணக்க்துடன் மற்லும் துணை குதவ்வர் Dr. மலா (அலங்கியதுணை) திவர்கர் வரவேற்புதரயுடன் துவங்கியது.

இந்நிகழ்ச்சியன் ஸ்வச்சலா அல்பை பஜலாருக்கம் ஶய்து citizen feedback-ன் கேடகய்யமும் கேள்வககுக்கி ஶவ்வாறு on-line கேலாகலை பதின் கொடுய்யது ஶன்யதை பற்றி வானக்ககாட்சி கேல் மலாணாககுக்கும், திச்சிராயர்ககும் ஶன்டு கற்பிக்கய்யபட்டது.

• திடு.கண்ணாமலர். Asst. prof (சூழல்துணை) திவர்கர் ஶன்டு உரையறிந்தார்.

A-NALLUSAMY
Sanitary Inspector
Trichy city Corporation

A. Nallusamy
02/01/18

"First Aid"

**National Service Scheme
&
Youth Red Cross**

of

SHRIMATI INDIRA GANDHI COLLEGE

(Nationally Accredited at 'A' Grade (3rd Cycle) by NAAC)
Tiruchirappalli – 620 002

Cordially invite you for a

Two Day Workshop

On

"First Aid"

By

Mr.S.Radhakrishnan

Trainer

Lecturer in First Aid

St.John Ambulance

Tiruchirappalli

Date: 12.02.2018 (Monday) & 13.02.2018 (Tuesday)

Time: 9.00 a.m. to 5.00 p.m.

Venue: R.V. Auditorium

Youth Red cross

of
Shrimati Indira Gandhi College
[Nationally Accredited at 'A' Grade (3rd cycle) by NAAC]
Trichirappalli-2.

On 12th February & 13th February 2018
a two days workshop on 'FIRST AID'
was conducted jointly by YRC and NSS
of Shrimati Indira Gandhi college.

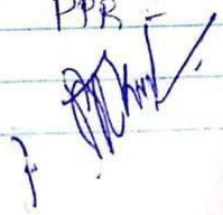
Date : 12th Feb 2018

Time : 10.00 a.m to 4.00 p.m

Venue : R.V. Auditorium

The Resource person was Mr. Radhakrishna
Trainer, Lecturer in First aid, St. John Ambulance,
Trichirappalli. He started his speech by
explaining what is First aid? and the importance
of First aid. He explained how to provide
first aid for a person who is affected by
sudden accident and he also explained about
how to deal with a person who is affected
by electric shock. He also gave demonstrations
regarding the above mentioned first aids.

He clearly taught about Breathing,
Body temperature, Blood, Blood vessels, Blood pressure,
weight of heart, symptoms of Heart attack etc.
He explained the steps for providing first aid
to an unconscious person who is affected by
heart attack. Finally he concluded the speech
by explaining CPR - Cardio pulmonary Resuscitation
ABC - Airway Breathing circulation and PPR -
Pulse Pressure Rhythm etc.



Two Days Workshop

on

"FIRST AID"

Date : 13th Feb 2018

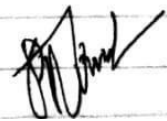
Time : 10.00 am to 4.00 p.m

Venue : R. V. Auditorium.

The Resource person Mrs. Radha Krishnan explained that how to measure body weight and corresponding Blood calculation for males and females. He also taught about various precautions to be taken for fire safety. He explained about the various levels of burns such as 1st degree, 2nd degree, 3rd degree and 4th degree burns and how to calculate the percentage of burnt skin. He shown the demonstrations regarding

- * Patients having High B.P and Low B.P
- * First aid instructions to control High B.P and Low B.P.
- * How to arrest the poison spreading throughout the body by venomous snake bites

Finally he concluded that each and every person must be aware of fire safety measures and first aid. He also stressed the students to create awareness to their friends and society.



FIRST AID

